

UNIVERSITY OF PELOPONNESE SCHOOL OF HEALTH SCIENCES DEPARTMENT OF SPEECH AND LANGUAGE THERAPY 2025

STUDENT HANDBOOK



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A few words about the University of Peloponnese

The University of the Peloponnese was established by Presidential Decree 13/01-02-2000. The University was restructured and acquired its current form in 2019 by integrating the Technological Institute of Peloponnese and the Departments of the Technological Institute of Western Greece. The University's headquarters are in Tripoli, while the Institution is developed at the level of nine integrated Schools and twenty-two Departments in the five capitals of the prefectures of the Peloponnese Region (Kalamata, Corinth, Nafplio, Sparta, Tripoli) as well as in Patras.

The schools are formed by groups of related departments and constitute the main autonomous academic units of the university.

More information about the University of the Peloponnese can be found here: https://www.uop.gr/

A few words about the Department of Speech and Language Therapy

The Department of Speech and Language Therapy is based in Kalamata (Antikalamos, Messinia). It is one of the four departments of the School of Health Sciences of the University of the Peloponnese. The program is four years long and provides education in speech, language, and voice pathology.

The Department of Speech and Language Therapy operates with the implementation of a modern curriculum that includes a) basic courses from the disciplines of Medicine, Linguistics, Psychology, and Pedagogy, b) specialty courses in speech, language, voice, swallowing, and hearing disorders, and courses in new technologies.

In addition to the theoretical part, the Curriculum includes mandatory clinical courses (which take place in general kindergartens and elementary schools, special schools, hospitals, nursing homes, rehabilitation centers, and at the Laboratory of Clinical Applications of Speech Therapy, Hearing, Voice and Speech Analysis (EKELAFO)) based in the department) and a mandatory internship.

More information about the Department of Speech Therapy can be found here:

https://www.uop.gr/en/department-speech-and-language-therapy

Department Staff

• Teaching Staff

The teaching personnel currently includes seven members and one special teaching staff member. If necessary, temporary teaching personnel from other departments are used each new academic year.

• Administrative Staff – Secretariat

The Secretariat comprises the deputy head and two administrative staff members.

TEACHING STAFF						
FULL NAME	POSITION	OFFICE	TEL.NUMBER	EMAIL	BIOGRAPHY	
Konstantopoulos Konstantinos	Associate Professor (Department Head)	Γ2:02 (2nd floor)	27210-45333	k.konstantopoulos@go.uop.gr	https://slt.uop.gr/en/staff- memberen/k.konstantopoulos	
Selimis Efstathios	Associate Professor (Department vice Head)	Γ:0.02 (ground floor)	27210-45321	e.selimis@go.uop.gr	https://slt.uop.gr/en/staff- memberen/e.selimis	
Andreou Maria	Assistant Professor	Γ:2.01 (2nd floor)	27210-45309	m.andreou@go.uop.gr	https://slt.uop.gr/en/staff- memberen/m.andreou	
Efstratiadou Evangelia- Antonia	Assistant Professor	Γ:2.06 (2nd floor)	27210-45325	e.efstratiadou@go.uop.gr	https://slt.uop.gr/en/staff- memberen/e.efstratiadou	
Karpathiou Nomiki	Assistant Professor	Γ:2.06 (2nd floor)	27210-45325	n.karpathiou@go.uop.gr	https://slt.uop.gr/en/staff- memberen/n.karpathiou	
Nousia Anastasia	Assistant Professor	Γ:0.04 (1st floor)	27210-45329	a.nousia@go.uop.gr	https://slt.uop.gr/en/staff- memberen/a.nousia	
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			ADMINISTRATI	IVE STAFF		
FULL NAME	POSITION	OFFICE	TEL.NUMBER	EMAIL	SECRETARIAT	
Dionysopoulos Anastasios	Deputy Head	Δ.0.10	27210-45328	a.dionysopoylos@go.uop.gr	gramlogo@go.uop.gr, gramlogo@uop.gr	
Zira Antigoni	Administrative officer	Δ.0.10	27210-45331	a.zira@go.uop.gr		
Spyropoulou Eleni	Administrative officer	Δ.0.10	27210-45320	e.spiropoulou@go.uop.gr		
Department Site					https://slt.uop.gr	
Department Facebook and Instagram					https:///www.facebook.com/slt.uo p.gr https://www.instagram.com/slt.uo p	

♣ My First Steps (If you are an Erasmus student, please go to My Study Program below)

Once your registration is complete, and following the interview required by the Department, the Secretariat will activate your student status. From that point on, you have three options:

- (a) to begin your studies as a full-time student.
- (b) to request a suspension/deferral or part-time studies.
- (c) to request a transfer to another institution.

A. Start of Studies:

Step 1 – Activation of Institutional Account

The Secretariat will inform you to proceed with the activation of your institutional account at the following link:

https://uregister.uop.gr

Instructions for the activation are available here:

https://studentaccount.uop.gr/help/uregister

For any kind of support regarding your Institutional account or any other access problems, you can use the platform https://studentaccount.uop.gr

Once the activation process is complete, you will have:

- **Username:** in the form slt + (year of enrollment) + (three-digit number), e.g., slt24031
- **Password:** a password of your personal choice.

Step 2 – Academic ID (Pass)

The academic ID is designed to remain valid for the entire duration of your student status and serves multiple purposes. In addition to functioning as a Student Transportation Pass (for discounted fares on public transportation), it may also provide reduced or free entry to many cinemas, theaters, museums, and cultural events.

In case of loss, you must report it to the local police department and obtain a certificate of loss. Then, you must submit this document to the Secretariat of the Department of Speech and Language Therapy to request the re-issuance of your Academic ID.

Step 3 – Activation of email adress

For the activation of email address, instructions are available at the link:

https://studentaccount.uop.gr/help/emailaccount

The institutional email account is activated the day after you activated your institutional account at uregister.uop.gr. After its activation is complete, this email will have the following format: (username)@go.uop.gr

E.g., user slt24031 will have email slt24031@go.uop.gr

ATTENTION: Communication with the student status will take place exclusively through the institutional email address and not your personal one. All updates from the University, whether individual or public, and the sending of certificates, will take place through the institutional email.

Step 4- Student Online Secretariat- Course Registration

To access the Student Online Secretariat https://unistudent.uop.gr, use your institutional account.

Through the Student Online Secretariat, you can:

- 1. Receive personalized information regarding your course,
- 2. Be informed about the exam results of the courses in which you were tested.
- 3. Request certificates and transcripts.
- 4. Make course declarations.

Specifically, regarding course registrations, the following apply:

- They are made using the Institutional Account in the Electronic Student Secretariat.
- Fine twice per academic year (at the beginning of the Winter and Spring Semesters), following an announcement by the Department about the registration period. For the winter semester, only courses included in the winter semester courses (1st, 3rd, 5th, and 7th) can be registered for. Only courses from the spring semester (2nd, 4th, 6th, and 8th) can be registered for in the spring semester. This means that winter semester courses are not taught in the spring semester and vice versa (however, exceptions take place).
- For first-year students, and only for the first semester, automatic registration for winter semester courses is carried out by the Secretariat, without requiring any action from you as a freshman.
- As a student, you can only participate in examination periods for the courses you have included in your registration (declaration).
- You do NOT need to register for courses separately for the September examination; you can participate in the examination for the courses you registered for during the winter and spring semesters.

Step 5- Book Declarations

Declarations of textbooks (books) for all courses are made through the Electronic Service for Integrated Textbook Management "Eudoxos" of the Ministry of Education. If you are an active undergraduate student, you have the right to receive university textbooks for the courses provided in the course curriculum. Free textbook copies are not provided:

1) For students attending programs of study for the acquisition of a third bachelor's

degree and

2) For courses students are attending for the second time, and they have received a free textbook.

The selection and free supply of textbooks is carried out through the electronic service "Eudoxus" on the website http://www.eudoxus.gr. The process offers: (a) complete information about the textbooks provided in each course and (b) the possibility of immediate receipt of the textbooks.

As a procedure, you log in to the central information system's website, where certification takes place. There you are informed about the approved textbooks for your department's courses, and you select the textbooks to which you are entitled.

As an undergraduate student, you are entitled to choose from the total list of recommended textbooks of "Eudoxus" only one textbook for each course and only for courses you have included in your declaration in the Electronic Student Secretariat. The total number of textbooks you are entitled to free of charge is equal to the total number of courses required to obtain your degree.

You can find the period during which you can register and receive the textbooks after an announcement on the Department's website at the beginning of each semester.

B. Suspension/Deferral of studies:

If you are a first-cycle student and have not exceeded the maximum study period (6 years), you may interrupt your studies for a period that cannot exceed two (2) years. The right to discontinue studies may be exercised once or in parts for at least one (1) academic semester, but the duration of the interruption may not exceed a cumulative two (2) years (if granted in parts). Student status is suspended during the interruption of studies, and participation in any educational process is not permitted. If you wish to interrupt your studies temporarily, you must apply a request to interrupt your studies to the Department Secretariat, for as many academic semesters, consecutive or not, provided that they do not exceed two years. You can apply no later than three (3) weeks after the start of the Department's courses, as defined by a relevant announcement from the Secretariat and by the Academic Calendar of the Institution. The application includes the requested period of interruption and its reasons and is accompanied by documents supporting the necessity of interrupting studies.

The reasons considered sufficient for interrupting studies are fulfilling military obligations (student conscription), financial reasons, family-social-personal reasons, and health reasons. Attending another educational institution, domestically or abroad, is not an acceptable justification for interrupting studies. For the duration of the interruption of studies, your academic ID card must be submitted to the Secretariat of the Department and canceled in the information system.

At the end of the suspension period, you automatically return to regular student status, with all the rights and obligations you had before the suspension. However, you can return in a shorter period (at least one (1) academic semester) by submitting a relevant application to the Department Secretariat.

C. Part-time study:

If you are a student who can demonstrate:

- a) that you work at least twenty (20) hours per week,
- b) that you have a disability or special educational needs,
- c) that you are an athlete and belong to a sports club registered in the electronic register of sports clubs of article 142 of Law 4714/2020 (A' 148), which is kept at the General Secretariat of Sports (G.S.A.),

You have the right to apply for part-time study.

The application with the supporting documents proving the conditions for the possibility of part-time study must be submitted to the Department Secretariat no later than three (3) weeks after the start of the Department's courses, as defined by a relevant announcement from the Secretariat and in accordance with the University's Academic Calendar.

If you enroll in a part-time program, each academic semester is counted as half an academic semester, and you cannot register for more than half of the courses for the semester, as provided for in the Department's curriculum. Furthermore, your benefits will be the same as those of full-time students.

You can return to full-time student status upon application to the Department Secretariat without requiring additional supporting documents. The application can be submitted until the end of the Department's course registration period, as defined by a relevant announcement from the Department Secretariat.

D. Transcription:

The Ministry of Education, Religious Affairs, and Sports defines the student transfer process. Please read carefully the relevant announcements on the Ministry's website before taking any action. Transfer applications are made electronically on the Ministry of Education website https://www.minedu.gov.gr, while information about the transfer application process and deadlines is announced on the same website. You can apply for transfer only after your registration with the Department has been completed.

Role of Academic Advisor (AA)

The role of AA is to monitor, guide, and support the students from the beginning to the end of their studies, and to contribute to the successful completion of studies. Therefore, a student's AA remains the same until the end of his/her studies. You can discuss issues concerning your academic life and issues that may affect it with the AA. The AA aims to offer or suggest solutions to problems as much as possible. Through the Electronic Student Secretariat application, you can see who has been designated as your academic advisor.

🖶 🏻 My study program

Important information

- The studies at the Department of Speech Therapy last a total of four years (eight semesters),
- Each academic year begins and ends as defined by the University of the Peloponnese.
 The educational curriculum of each academic year is divided into two semesters, winter and spring.
- Each course is taught over a semester and corresponds to at least two hours per week.
- Courses are taught in the Department of Speech Therapy in the following three main formats:
 - a) Lectures: The instructor presents a relevant scientific area.
 - b) Practical Exercises: Students practice the theory taught in a practical way, following the instructor's instructions and the relevant bibliography.
 - c) Laboratory and Clinical Exercises: aim to provide clinical knowledge and skills.
- Each semester includes at least thirteen (13) full weeks of instruction.
- The Department's curriculum is organized according to the European Credit Transfer and Accumulation System (ECTS). ECTS expresses the relative weight and workload of the various courses. The workload relates to the estimated time a student must dedicate to completing all learning activities.
- Do not forget that there are prerequisite courses.

ATTENTION: To register for a course with a prerequisite, you must first have successfully passed the prerequisite course. Otherwise, your studies will be delayed.

The list of courses that require successful completion of prerequisite courses is as follows (see Table 1).

Degree Requirements

To obtain the degree, a total of 240 ECTS (30 ECTS per semester) are required, corresponding to 41 compulsory and elective courses. These include the Speech Therapy Internship (20 ECTS) and the Thesis (10 ECTS), which are compulsory courses in the 4th year of study (8th semester).

You can find out more about the Study Program from the Department's website at the following link: https://slt.uop.gr/odigos-spoydon.

Πίνακας 1 – Prerequisite Course Distribution Table by Semester

Semester	Course Code	Course Title	Theory (hours)	Practice Exercises (hours)	Lab (hours)	Clinical Practice (hours)	Total hours	ECTS	Prerequisite Courses
2 nd semester	2101	Phonological Development and Disorders	3				3	5	Phonetics – Phonology (1 st semester)
3 rd semester	3104	Developmental Language Disorders	3				3	5	1. Introduction to Speech and Language Therapy (1st semester) 2. Language Acquisition (2nd semester)
4 th semester	4101	Aural Rehabilitation	3				3	5	Audiology (Theory and Lab) (3 ^d semester)
	5103	Neuroanatomy - Neurophysiology	3				3	6	Anatomy of Speech, Hearing, and Language (2 nd ή 3 rd semester)
5 th semester	5105	Clinical Practice I	2				7	9	Phonological Development and Disorders (2 nd semester) Diagnostic Methods in Speech and Language Therapy (4 th semester)
	6102	Neurogenic Motor Speech disorders (theory and lab)	2		1		3	5	Diagnostic Methods in Speech and Language Therapy (4 th semester)
	6105	Clinical Practice II	2			7	9	10	Clinical Practice I (5 th semester)

Semester	Course Code	Course Title	Theory (hours)	Practice Exercises (hours)	Lab (hours)	Clinical Practice (hours)	Total hours	ECTS	Prerequisite Courses
	7101	Swallowing Disorders - Dysphagia	1			1	3	5	Neuroanatomy – Neurophysiology (5 th semester)
7 th semester	7103	Clinical Practice III	2			7	9	10	1. Fluency Disorders - Stuttering (3 ^d semester) 2. Aphasia and Related Cognitive Disorders 3. Voice Disorders (5 th semester) 4. Clinical Practice II (6 th semester)
8 th semester	1201	Internship							Research Methodology in Health Sciences (6 th semester)

Clinical Practice (CP)

According to the Curriculum of the Department of Speech and Language Therapy, the students carry out CP hours in two ways:

- Through four (4) Special Background Courses:
- Clinical Topics in Speech Therapy (3rd Semester)
- Diagnostic Topics in Speech Therapy (4th Semester)
- Aphasia and Related Cognitive Disorders (5th Semester)
- Swallowing Disorders Dysphagia (7th Semester)
- Through (3) Skills Development Courses:
- Clinical Practice I (5th Semester)
- Clinical Practice II (6th Semester)
- Clinical Practice III (7th Semester)

Duration: 39 weeks (13 weeks in each course)

The courses Clinical Practice I, II, and III are mandatory.

The successful completion of each Clinical Practice (I, II, and III) is a prerequisite for the next one.

Objectives of Clinical Practice

The objectives of the Clinical Practice are:

- To enrich theoretical knowledge
- To develop basic clinical experiences through relevant skills.
- To accumulate clinical hours.

The clinical services provided by the students to society are free of charge and concern the clinical assessment and intervention of individuals with communication, speech, and language disorders (children and adults).

The students' clinical practice involves providing clinical speech therapy services at EKELAFO, which are complemented by services offered in collaborating external frameworks.

EKELAFO Laboratory – Facilities

The facilities on the university campus include:

- Room Γ:1.05, which consists of six (6) individual rooms.
 Each room has a one-way mirror to ensure that the supervisor or parent/relative/legal guardian can observe the session without being noticed by the child or adult patient. In addition to a mirror, all rooms have a table and chairs for holding sessions.
- Room Γ:1.10, which contains the hearing chamber for audiological assessment. The hearing chamber area includes the audiological chamber, over-the-ear headphones, an osteophone, a diagnostic audiometer, and a tympanometer.
- \triangleright Room Γ :1.07, where the students write the SOAP notes regarding the clinical cases they observe in room Γ :1.05.

EKELAFO Laboratory – External Collaborations

As mentioned above, clinical services are also provided outside the premises of the EKELAFO laboratory, in external collaborating clinical settings, such as:

- Special schools
- General schools
- Creative Employment Centers (KDAP)
- Rehabilitation centers, etc.

In this case, you are supervised by academic staff (Department professors or temporary staff with a speech therapist contract).

4

Internship

The internship connects theory with practice, allowing you to develop the knowledge and skills acquired during your studies in a real work environment. Through the Internship, more effective integration into the labor market is achieved, and a two-way communication channel is created between the Department, businesses, and public organizations that offer speech therapy services. The Department of Speech Therapy has drawn up a relevant Practical Training Regulation, which you will find at the link: https://slt.uop.gr/praktiki-askisi.

Benefits of an Internship

With the Internship:

- You will get to know the working environment.
- You will become familiar with services and organizations dealing with communication disorders and health.
- You will apply the knowledge learned during your studies in real-world situations.
- You will collaborate with other health professionals.
- You will be assisted in your professional rehabilitation.
- You will specialize in your professional interests.

Duration of Internship

- The Internship is a full-time three (3) month period.
- It starts twice a year:

Spring semester: May 1 - July 31.

Winter semester: November 1 - January 31.

In exceptional cases, by reasoned decision of the Department, the Internship may be carried out in other months of the year.

Ways to Implement the Internship

You can implement the Internship through:

- European Union funding.
- ERASMUS mobility, including a monthly grant adjusted depending on the host country.
- Individual private funding and your agreement with an employment agency.
- Private funding and a programmatic agreement between the department and an employment agency.

Who can participate in the Internship?

Only undergraduate senior students who meet the following criteria:

- 1. They have completed the 7th semester of studies
- 2. They have successfully attended 2/3 of the courses, provided the completed credits do not include specialty courses. The specialty courses are:
 - Phonological Development and Disorders (2101) (2nd Semester).
 - Diagnostic Issues in Speech Therapy (4102) (4th Semester).
 - Neurogenic Motor Speech Disorders (6102) (6th Semester).
 - Clinical Issues in Speech Therapy (3106) (3rd Semester).
 - Speech Therapy: Autism Spectrum Disorders (4105) (4th Semester).
 - Communication Disorders of the Elderly (6103) (6th Semester).
 - Speech Fluency Disorders Stuttering (3103) (3rd Semester).
 - Voice Disorders (5102) (5th Semester).
 - Swallowing Disorders Dysphagia (7101) (7th Semester).
 - Developmental Language Disorders (3104) (3rd Semester).
 - Aphasias and Related Cognitive Disorders (5101) (5th Semester).
- 3. Students who have completed all clinical practice courses (Clinical Practice I (5105), 5th Semester, Clinical Practice II (6105), 6th Semester, and Clinical Practice III (7103), 7th Semester).

4 Thesis

The Department of Speech and Language Therapy curriculum includes preparing a thesis (8th semester). However, it can start as early as the 7th semester. The thesis is prepared by the students under the supervision of the instructors.

The thesis is completed by every student or in collaboration (up to two students) with the consent of the supervising professor. It corresponds to 10 ECTS and is considered a prerequisite for a bachelor's degree. In the case of a group thesis, each student also receives 10 Credit Units.

The final submission of the thesis to the supervising professor is made before the start of each examination period (fall, winter, or spring semester) so that there is sufficient time for

its evaluation.

More information about the thesis can be found in the Department's Thesis Regulation https://slt.uop.gr/ptyhiaki-ergasia.

Amenities/Services

> Student Welfare

The University of the Peloponnese aims to ensure your satisfactory living, offers a series of services and benefits, such as:

- Meals.
- Housing (housing allowance, Student Dormitory).
- Scholarships http://foitmer.uop.gr/category/ipotrofies/ .
- Health care.
- Erasmus & International Relations Academic activities.
- Sports Activities.
- Support for People with Disabilities.

For more information, you can visit the website of the Department of Student Affairs: http://foitmer.uop.gr.

> Meals

Free meals are provided in accordance with the relevant decisions of the Ministry of Education and Culture. The University of the Peloponnese provides free meals to a certain number of students, depending on the Ministry of Education and Culture funding.

Meals are provided to beneficiaries for each academic year, upon submission of an application on the electronic platform https://sitisi.uop.gr/ (login with institutional account details), provided that the conditions are met. Submission dates are set by the Department of Student Affairs. Catering services are provided to male and female students every day of the week from the beginning of each academic year (September 1) to its end (June 30) except during vacations (Christmas and Easter holidays).

For more information and to submit applications for free meals, you can visit the website of the Department of Student Affairs: http://foitmer.uop.gr.

> Housing

The Kalamata Student Residence of the University of the Peloponnese is located on the East side of Kalamata (postal address: 89 Lakoniki Street). It has 55 apartments and 232 beds in total.

According to its <u>internal operating regulations</u>, 85% of all rooms are available to undergraduate students of the University of the Peloponnese and the remaining 15% for undergraduate and graduate students of other academic or research institutions from Greece

or abroad (within the framework of joint study programs, joint research programs or ERASMUS+ exchange programs), visiting professors and invited scientists (within the framework of exchange and cooperation programs with other educational institutions, scientific and research bodies).

The Student Residence is operated by a representative supervisory body called the "STUDENT RESIDENCE SUPERVISION", which is established by a decision of the Board of Directors of the University of the Peloponnese. The criteria for selection include income and social needs. At the Kalamata Student Residence, boarders are exclusively students whose families reside permanently outside the Municipality of Kalamata and neighboring municipalities. Admission applications are submitted electronically via https://stegasi.uop.gr (sophomore, junior, and senior students every year in June), and freshmen students in September. The Student Residence has a 24-hour Security Service.

Healthcare

The Office of Care and Social Welfare (clinic) is housed in office 90 on the ground floor of the Old Buildings. It is responsible for:

- Provision of first aid for fever, falls, viruses, fainting, malaise, and painkillers)
- Counseling for the promotion of physical and mental health,
- Organization of events, speeches, etc
- Organization of voluntary blood donations
- Organization of First Aid programs for certification
- Student Counseling Psychological Support by collecting requests, scheduling appointments with a psychologist, and communicating with health structures for students who need further care.

> Student scholarships and awards

Students can receive financial support during their studies through performance scholarships, excellence awards, reciprocal scholarships, etc.

Students receive scholarships from the State Scholarship Foundation (IKY) based on their merit:

- In the entrance exams to Higher Education Institutions (first-year students).
- In their performance during their studies.

In addition, scholarships and awards, monetary or otherwise, may be secured by the Department of Speech and Language Therapy, by private and public bodies, or by natural persons.

Students and graduates of the University of the Peloponnese can receive a scholarship from the Greek State Fund or apply for other scholarships granted by various institutions and bodies. Information about scholarships announced throughout the year will also be posted on the Department's website.

Also, the Department of Speech and Language Therapy has instituted an award entitled "Research Project for Undergraduate Students." By department decision, an auxiliary research project can be assigned to undergraduate students who have excelled in all the courses of the first three years (this concerns students in the 7th semester).

Student Ombudsman

Web page: https://www.uop.gr/synigoros-foititi

Office Mission:

- Mediation between students and professors or administrative services of the Institution,
- Upholding legality within the framework of academic freedom,
- Dealing with phenomena of maladministration
- Safeguarding the smooth operation of the Foundation,
- Ex officio investigation of student reports and mediation with the competent bodies of the Institution
- Promotion of academic dignity and support of students throughout their academic life.

Communication:

- By email: synigoros@uop.gr
- By electronic request form: www.uop.gr/ypiresies/synigoros foititi
- By post: University of the Peloponnese, Antikalamos Messinias, 24 100 "For the Student Ombudsman"
- In person: Office 243, 2nd floor of the Old Building, Telephone: 27210-45243, 108
 Secretariat: Office 44, ground floor (Old Building) Telephone: 27210-45231, p.vasiladioti@uop.gr

Erasmus office

Office 44 Ground Floor Old Buildings Contact: 27210-45171,190

email:erasmus.kal@go.uop.gr Website: https://erasmus.uop.gr/

The Erasmus+ program is one of the cornerstones of European education policy, offering unique opportunities to broaden your horizons, gain valuable experiences, and strengthen your skills in an international environment. Through the Erasmus+ Program, you can study or do an internship at collaborating institutions abroad or participate in innovative research and educational programs with partners from all over Europe.

Participating in Erasmus+ is not just a trip but a transformative experience that broadens horizons, enhances academic and professional development, and cultivates skills essential in today's globalized society. Participants can experience different education systems, practice foreign languages, create international networks, and develop a deeper understanding of European identity and values.

At the same time, our university is a member of the European University Alliance EUNICE, the European University for Customised Education, which now has as members 10 European universities from 10 countries (Greece, Poland, Germany, Italy, France, Belgium, Sweden, Spain, Portugal, Finland). EUNICE member universities aim to create and develop personalized educational pathways, knowledge exchange among staff, interdisciplinary research, and implement educational approaches that address global challenges through the promotion of experiential learning and mobility. Among the universities in the alliance, English or other language courses are offered free of charge and open to all EUNICE students.

More information can be found at the link: https://www.uop.gr/eunice-european-university.

Library and Information Center (BIKEP) Ιστοσελίδα: http://library.uop.gr/

The Library Collection includes:

- General information material of all types, such as encyclopedias, dictionaries, bibliographies, etc.
- Over 100,000 volumes of Greek & foreign language scientific books.
- Scientific journals covering all the thematic areas of the Schools and Departments of the Institution.
- Undergraduate & Postgraduate theses
- Supervised teaching material, yearbooks & study guides.

Electronic Services:

- http://opac.seab.gr Access to the library's electronic catalogs. Unified Catalog of the Collaborative Network of Academic Libraries.
- https://amitos.library.uop.gr/xmlui/ Electronic access to postgraduate theses of postgraduate students through the institutional repository Amitos.
- https://www.heal-link.gr/ Greek Academic Libraries Link. Ability to access bibliographic databases, such as Scopus, and over 23,000 electronic journals.
- https://www.scopus.com/ Scopus Database.
- https://www.sciencedirect.com/search Elsevier (Science Direct)
- http://www.openarchives.gr Research in Digital Libraries
- https://opencourses.gr/ Access to Open University Courses
- https://www.kallipos.gr/el Greek Academic Electronic Textbooks and Resources / Kallippos.

Helpful Phone Numbers – Emergency Phone Numbers

Services	Telephones
Kalamata General State Hospital	2721363000
Emergency at the hospital	27210 46281-2
Messinia Police Department	27210 44600
Traffic Police Department	27210 44633
Tourist Police	27210 44681
Fire department	199
Post Office (ELTA)	27210 25096
Intercity Bus	27210 28581
Urban Bus	27210 23377
Kalamata Airport	27210 61800
Radio taxi	27210 21112/26565
Electricity faults (ΔΕΗ)	1050
Telecommunication faults (OTE)	121
DEYAK faults (ΔΕΥΑΚ)	27210 63120 (until 14:30) 27210 69427 (after 14:30 and during holidays)